

DATE OF EVENT: 05/10/2023

Mental Health Wellness Panel Discussion

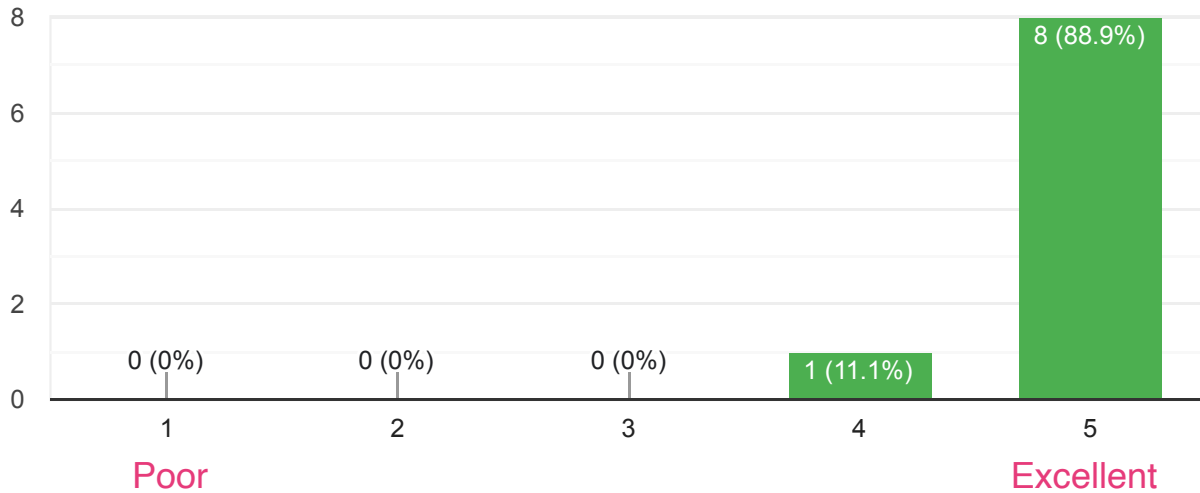
9 responses

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Overall, how would you rate the event?

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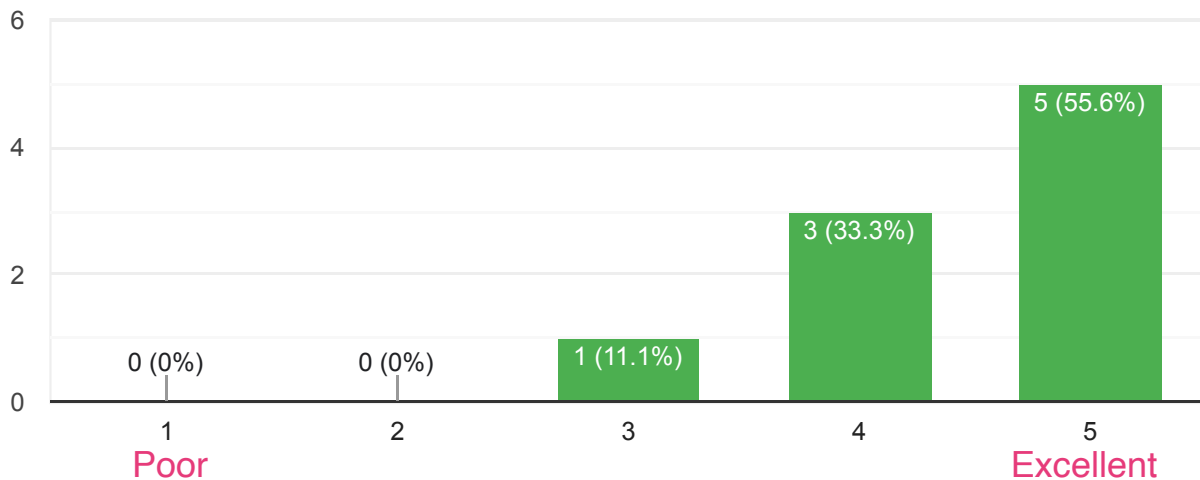
9 responses



How would you rate the timeliness of the event?

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9 responses



How could this event be improved?

5 responses

NA

Have it during the day or on a weekend.

Extend the time for discussion

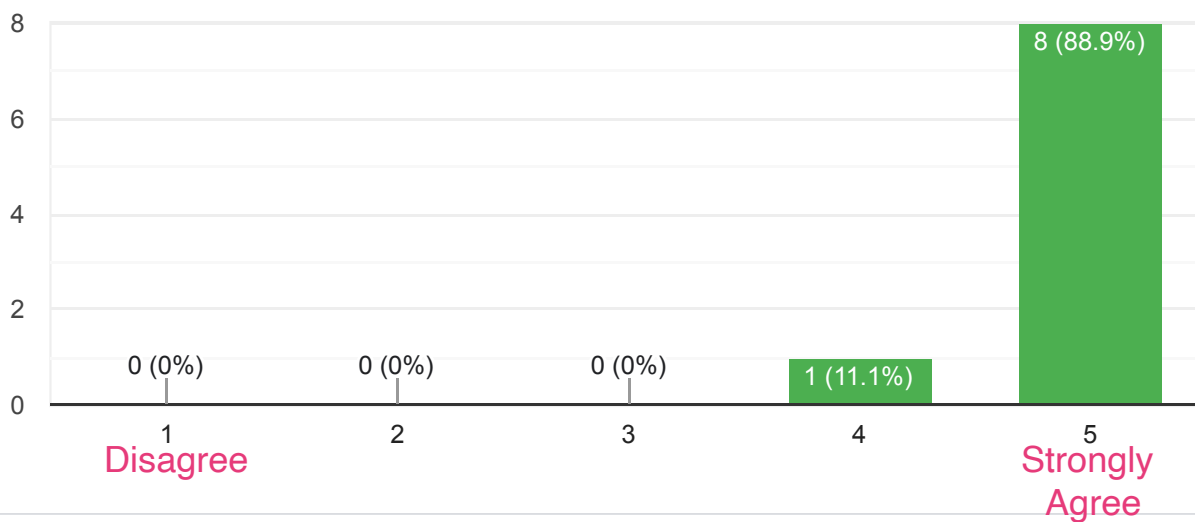
More participants from the chapter.

N/a

This event was enriching for the participants.



9 responses



Are there any additional comments?

8 responses

NA

If it is held during the weekend or daytime some Sorors who cannot drive at night can attend. Maybe have it via zoom.

I suggest considering dedicating at least 1.5 hours for the actual panel discussion. Great work!!

Excellent info. Very knowledgeable presenters

Great event! Very Enlightening! Maybe have a 2nd one close to holidays!

Excellent program. Instantly enriched my life. I have started to employ the techniques in my life today.

Excellent! So informative and provided great tips to promote mental wellness and improving sleep habits.

Excellent program! Looking forward to more!

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